

# DESERT HILLS

## PLASTIC SURGERY CENTER

10001 South Eastern Avenue, Suite 406  
Henderson, Nevada 89052

### Smoking, and the Surgery Patient

I have been informed of the danger of smoking prior to having surgery. Scientific study has shown that smoking decreases the circulation to the skin. Those who insist on smoking during the period of healing have a great increase in complications resulting in skin necrosis or poor healing, skin loss, delayed healing with open wounds, worsened or additional scarring of the skin, bleeding, need for prolonged wound care/dressings, and poor take of any filler material (such as Collagen, Restylane/Juvederm, or fat).

For Facelift, Abdominoplasty, and Breast Lift/Reduction Patients: You must stop smoking 6 weeks prior to, and 3 weeks after surgery.

**\*\*This includes all Nicotine, Tobacco products: gum, patch, secondhand smoke, etc, which also decrease circulation to the skin.\*\***

I verify that I have been informed of these complications and that I should stop smoking 3-6 weeks prior to, and 3 weeks after surgery.

I understand the above information and I :

Do not smoke

\_\_\_\_\_  
Patient's Signature

**Will** quit smoking for  
the prescribed time

\_\_\_\_\_  
Patient's Signature

**Will Not** quit smoking  
For the prescribed time

\_\_\_\_\_  
Patient's Signature

Date: \_\_\_\_\_

Witness: \_\_\_\_\_