

DESERT HILLS

PLASTIC SURGERY CENTER

10001 South Eastern Avenue, Suite 406
Henderson, Nevada 89052

Smoking, and the Surgery Patient

I have been informed of the danger of smoking prior to having surgery. Scientific study has shown that smoking decreases the circulation to the skin. Those who insist on smoking during the period of healing have a great increase in complications resulting in skin necrosis or poor healing, skin loss, delayed healing with open wounds, worsened or additional scarring of the skin, bleeding, need for prolonged wound care/dressings, and poor take of any filler material (such as Collagen, Restylane/Juvederm, or fat).

For Facelift, Abdominoplasty, and Breast Lift/Reduction Patients: You must stop smoking 6 weeks prior to, and 3 weeks after surgery.

****This includes all Nicotine, Tobacco products: gum, patch, secondhand smoke, etc, which also decrease circulation to the skin.****

I verify that I have been informed of these complications and that I should stop smoking 3-6 weeks prior to, and 3 weeks after surgery.

I understand the above information and I :

Do not smoke

Patient's Signature

Will quit smoking for
the prescribed time

Patient's Signature

Will Not quit smoking
For the prescribed time

Patient's Signature

Date: _____

Witness: _____